

The Autumn Kitchen



Devon's Kitchen
LEARN · NOURISH · HEAL

Soup's On!

Oh the soups we will make! Soup is for every season and maybe even every occasion. Instantly we are comforted by the word: soup. I'll be using everything fresh from the farmers' market! Let's make soup!

Sept. 21st; 10-12, 6-8 pm

Harvest Hallelujah!

This class will be full of fall goodies gathered at the farmers' market. Menu based on what is available locally. Eggplant, sweet potatoes, last tomatoes, greens, spicy peppers, squash...

Oct. 5th; 10-12am, 6-8pm

Inspired Salads

Hands down, salad is my favorite thing to eat! If you agree, join me for fresh autumn inspo! If you don't agree, come anyway, and maybe I can change your mind. :)

Oct. 26th; 10-12am. 6-8pm

Hummus & Dips

With the holidays approaching, let hummus and dips nourish your hungry guests and provide the vehicle for your kids' veggie-loading. Enjoy exploring various ways to play with hummus.

Nov. 2nd; 10-12am, 6-8pm

Make and Take

Join me for a 2 hour cooking workshop (seasonal menu) and go home with the goodies we make: a soup, a salad, a main veg-forward dish, and a healthy treat. BYO containers. Sept: 11, 25

Oct: 9, 30

Nov 6, 27

6-8pm, \$90

Each class \$60. Instruction, recipes, and generous tastings included!

For information and to register: (732) 895-5209 or devonskitchen@gmail.com

